



Hepburn Shire

2021 Timetable Semester Two

Term 3 Monday 12th July to Friday 17th September

Term 4 Monday 4th October to Friday 17th December

Semester Two Information & Enrolment drop-in session is on Thursday 8th July
Senior Citizens' Rooms at the Daylesford Town Hall 9.30am to 12.30pm.

*** Please enrol before Friday July 9th**

You only need to ENROL ONCE for the yearly classes

NO CLASSES on PUBLIC holidays unless the class makes other arrangements

See Bushfires/Extreme Weather policy for detail on cancellation of classes in extreme conditions

<https://u3ahepburnshire.com/wp/wp-content/uploads/2019/02/Bushfire-Extreme-Weather-Policy.pdf>

*** All activities are subject to weather conditions and Covid-19 restrictions.**

Thursday 8 July	9.30am - 12.30pm	Semester 2 Class Information & Enrolment drop in session	Daylesford Town Hall
Wednesday 14 July	7.00pm - 10.00pm	French Bastille Day Celebration	Daylesford Town Hall
Monday 30 August	10am for 10.30am	Term 3 Members' Morning Tea with guest speaker	Daylesford Senior Citizens' Rooms
Tuesday 5 October	10am for 10.30am	Annual General Meeting	Senior Citizens' Rooms
Tuesday 7 December	3.00pm - 4.30pm	Tutors' Afternoon tea	Venue to be advised
Tuesday 14 December	12pm for 12.30pm	Christmas Lunch	Venue to be advised

What is U3A?

The **University of the Third Age** is an international movement whose aims are the education and stimulation of mainly retired members of the community—those in their third 'age' of life. It is commonly referred to as **U3A**.

There is no universally accepted model for the U3A. Its original conception was in France where most U3As were associated with a university. The model was significantly modified in the United Kingdom where it was recognized that most people of retirement age have something to contribute and the emphasis has been on sharing, without formal links to traditional universities.

U3A Hepburn Shire is a not-for-profit organisation run by members for members. We rely on the generosity of our volunteer tutors and activity facilitators in providing a diverse program for our members. We have an active and dedicated committee who bring the program to you and volunteers who assist with a wide range of associated tasks.

Our mission is to provide accessible and affordable educational, cultural, physical and social opportunities appropriate to the needs of retired and semi-retired people. Our motto is Learning Together for Pleasure.

Participation in U3A activities is dependent on current financial membership.

Visit our website at <http://u3ahepburnshire.com/>

Contact us via email - info@U3Ahepburnshire.com

COVID 19 Requirements

The Management Committee will routinely provide members, by way of newsletters, posters etc., advice and education relating to infection prevention, particularly in small and large public gatherings, as well as any new and emerging related threats.

Maximum numbers will apply for indoor events

The Committee will, particularly during the cold and flu season, regularly alert members to isolate themselves from U3A/HS activities if they are suffering from infectious conditions such as Upper Respiratory Tract Infection (URTI).

How to enrol

New class enrolments will be open on Thursday July 8th.

Members can enrol directly through the User Management Administration System (UMAS) from July 8th or in person at the Class Enrolment drop-in session on Thursday July 8th.

Hepburn U3A acknowledges the Traditional Custodians of the lands and waters of Hepburn Shire, and we pay our respects to Elders past and present, and extend our respect to all Aboriginal and Torres Strait Islander and First Nations Peoples.

SINGLE SESSIONS and SHORT COURSES

Subject	Date/Time	Venue	Tutor/Contact	Description
POETRY READINGS WITH ROSS GILLETT & RICHARD PERRY	Tuesday 16 November 11.00am-12noon	PADDOCK ROOM DAYLESFORD NEIGHBOURHOOD CENTRE	Richard Perry 0490 540 584	Ross Gillett is an award-winning Australian poet and Richard Perry is an emeritus professor of Fine Arts; both live locally and enjoy and excel in reading aloud.
COVID THE PAST	Thursday September 2 10.30am-12.00	DAYLESFORD SENIOR CITIZENS ROOM	Pat Harrison 0458 630 533	Dr Hal Swerissen is emeritus professor of public health at La Trobe University and a Fellow at the Grattan Institute. Pandemics have been with us for a long time. In 1300s the bubonic plague wiped out a third of Europe with lasting effects for several hundred years. The 1919 influenza pandemic infected 500 million people and probably killed between 20 and 50 million. Earlier pandemics were recorded by the Greeks and the Romans. In this session we will discuss the nature of infectious disease, what has caused past pandemics, what their effects have been and how they have been stopped. The aim of this session is to provide a context for understanding COVID-19, the likelihood of future pandemics and what is likely to be required to prevent and manage them in the future.
COVID THE PRESENT	Thursday September 9 10.30am-12.00	DAYLESFORD SENIOR CITIZENS ROOM	Pat Harrison 0458 630 533	COVID-19 is a disease caused by the SARS-COV-2 virus. By June 2021 at least 180 million cases had been reported with nearly 4 million deaths. We are still learning about the causes and effects of the virus. Prevention and treatment is still evolving. The social and economic impact is significant. There are also psychological effects. Much of the impact has been negative. But some has been positive too, like the rapid uptake of communication and information technology. The aim of this session is to provide an opportunity to update and reflect on the impact of COVID on our lives.
COVID THE FUTURE	Thursday 16 September 10.30am-12.00	DAYLESFORD SENIOR CITIZENS ROOM	Pat Harrison 0458 630 533	Public Health experts have been predicting the likelihood of widespread pandemics for some time. HIV was the first widespread modern pandemic. It has killed more than 30 million people, but it moves slowly. The most feared has been the possibility that the deadly avian influenza strain will mutate and become highly transmissible from human to human. It has a death rate of 60%. COVID is seen as something of a wakeup call to prepare for the possibility of future pandemics. In this session we will discuss the likelihood of future pandemics and what can be done to prevent them.
ARMCHAIR TRAVEL	Friday August 27 2.30 -4.00pm	DAYLESFORD SENIOR CITIZENS ROOM	David Hall 5348 2872	David Hall will introduce Clive Hartley, wine writer, author and educator who was named Legend of the Vine by Wine Communicators of Australia. Clive's talk is based on his 2018 tour de France incorporating wine, food, history and art via the maritime wine regions of France. The presentation will take you to the Trogodyte cellars of the Loire and inside the Chateaux of Bordeaux. Discover the Mediterranean region of Banyuls and the Fauvist artists who walked the streets of Collioure finishing up, naturally, on the glamorous Cote d'Azur and the delightful coastal villages of Bandol and Cassis.

ARMCHAIR TRAVEL	Friday October 1 2.30 -4.00pm	DAYLESFORD SENIOR CITIZENS ROOM	David Hall 5348 2872	David Hall will introduce Lorene Gottschalk, a retired academic, who will talk about her travels to South West Queensland and North coast of NSW to attend the wonderful Music in the Mulga on Wandilla sheep and cattle station. Also in this area we visited Charlotte Plains station where we camped next to an open artesian bore channel in which we could swim and shower under the bore pipe. After the festival, we moved on to Thargomindah, Qulpie and Mitchell. We enjoyed free camping on the banks of the Moonie River at Nindigully and slowly made our way across to Mullumbimby. We travelled in northern NSW immediately after the 2019/2020 bush fires and drove through several fire areas shortly after. We revisited some of that route and wondered at the ability of nature to heal itself though sadly the wildlife will take some time to recover.
ARMCHAIR TRAVEL	Friday 22 October 2.30 -4.00pm	DAYLESFORD SENIOR CITIZENS ROOM	David Hall 5348 2872	David Hall will introduce Pam Gleeson, a medical scientist and professional photographer with triple Master of Photography awards, who will talk about her travels in Iceland - 'Fire & Ice'. In 2019 we headed off for a month in the UK and Iceland. A week in Iceland gave us enough time to explore much of this very wild and scenic island perched mid North Atlantic across two tectonic plates, hence its extreme vulcanism. We chose to plan our own trip and so hired a car and headed out of Reykyavik to the Snaefellsness Peninsula, then the very popular Golden Circle and finally the South Coast, home to massive ice caps, glaciers, waterfalls, wild rivers and ice-covered beaches. We came to see the scenery and it was delivered in spades.
SCAM ALERT	Thursday 22 July 10.30am-12.00pm	DAYLEFORD SENIOR CITIZENS ROOM	Robyn Lawrence 0414 500 174	Older Australians reported an increase in the number and sophistication of scams over the past year. In this session we will explore the type of scams out there, what to look for, where to get help and how to report a scam. This session can be repeated if required.
ROSE PRUNING	Tuesday 27 July 10.00 – 11.30am	47 FRAZER ST., DAYLESFORD	Marie-Louise Stafford 5348 3087	Learn basic rose pruning techniques for both standard and climbing roses. Diagrams supplied and supervised practice an opportunity not to be missed. Bring your own sharp secateurs.
SPONGE MAKING	Tuesday 31 August 10.00 – 12.00pm	47 FRAZER ST., DAYLESFORD	Marie-Louise Stafford 5348 3087	Learn how to make the perfect and lightest sponge from someone with well-honed skills. Cost: \$5 for ingredients
DEVELOPING DIGITAL SKILLS	Days, dates & times will be negotiated individually	CONTACT TUTOR	Robyn Lawrence 0414 500 174	Using the resources provided by federally funded 'Be Connected' program these sessions will provide support to further develop your digital skills and confidence. Our IT expert Mike will tailor sessions to suit the needs of individuals and can be one off or ongoing and the day of the week and time of the session(s) is negotiable.

MONDAY

Subject	Date/Time	Venue	Tutor/Contact	Description
WARBLING WOMBATS	Monthly Fourth Monday 4.00-5.30pm	THE COACH HOUSE	Millie Gouldthorpe 0433 552 019 Jude Brown	If you enjoy singing with a group of like-minded men and women then please feel free to join the Warbling Wombats with Julian Cairns and Millie Gouldthorpe at the helm. Cost: \$5.00 per session.
BRIDGE	Weekly 1.00-4.00pm All year	ST PETER'S PARISH ROOMS	Richard Gray 0420 976 401	This is a group for people who play Bridge. There are tables aplenty. Play is relatively informal and] players of all levels are welcome. Bridge is a sedate game (or at least is supposed to be), although passions do sometimes run high!
FIRST MONDAY BOOK CLUB	Monthly First Monday 7.30 PM	MEET AT CONVENOR'S HOME	Josie McKenzie 5348 4283	A friendly group of avid readers who enjoy a wide range of literature and lively discussion. Maximum numbers apply
SCRABBLE	Weekly 1.00-4.00pm	47 FRAZER ST DAYLESFORD	Marie-Louise Stafford 5348 3087	If you enjoy Scrabble come along and join us. We are a group of players who enjoy the challenge of finding new words and sharing afternoon tea.
CURRENT AFFAIRS	First session 26 July then Third Monday 10.30am – 12 noon	DAYLESFORD SENIOR CITIZENS ROOMS	Frank Page 0417 010 817	A 90 minute informal & interactive session examining diverse subjects and material from national, state, local & international news, celebrity, social justice & contemporary issues, mainstream media, social & digital media & technology, society, culture & lifestyle including specific issues raised by members.
THIRD MONDAY BOOK CLUB	Monthly Third Monday 7.30pm	VARIOUS HOMES	Anne Tamblyn 0411 866 643	We are an enthusiastic group of readers who meet in the homes of various members. Discussion is usually lively and wide-ranging. Maximum numbers apply

TUESDAY

Subject	Date/Time	Venue	Tutor/Contact	Description
CLOGGING <i>(Appalachian mountain dancing)</i>	Weekly 9.30-11.30am	SENIOR CITIZENS' ROOMS	Lorene Gottschalk 0427 051 361	Clogging is a dance based on, but different from, Irish Tap Dancing. It is suitable for and caters to all levels of fitness and ages. Please wear flat shoes or runners. Beginners welcome.
FIBRE CREATIVITY	Monthly Second Tuesday 10.00am-12 noon	ST PETER'S PARISH ROOMS	Maggie Nightingale 0438 670 279	Join us if you would like to chat with friends as they work on their project. It is an opportunity to share ideas and learn new craft skills from others in the group. All U3A members will be invited to attend any guest speakers that may be scheduled through the year.
TUESDAY BOOK CLUB	Monthly Fourth Tuesday 10.30am-12 noon	VARIOUS HOMES	Pam Gleeson 0414 745 473	We are an enthusiastic group of readers who meet in the homes of various members. Discussion is usually lively and wide-ranging. Our book list for 2020 is available to all interested members. Maximum numbers apply.
U3A LUNCHESES	Monthly Second Tuesday 12.00 for 12.30pm	VARIOUS LOCAL VENUES	John Bohn 0419 157 633	Everyone is welcome to join this regular social group, John will contact you each month with lunch details. Cost: \$25 (approx.)
PETANQUE	Weekly 10.30am-11.30am	LAVENDULA SWISS ITALIAN FARM SHEPHERDS FLAT	Paul & Jennie Carney 0415 461 434	Petanque or Boule is a French game equivalent to Italian Bocce. It is for men and women. No prior experience or ability required. Learn this fun game in a lovely environment and enjoy a coffee afterwards. Resuming when Lavandula reopens. Cost: \$4 entry or \$15 annual membership.
FRENCH CIRCLE	Monthly Second Tuesday 6.30pm <i>No class 13 July</i>	SENIOR CITIZENS' ROOMS	Monica Cole 0425 851 679	The French Circle provides activities related to France in an enjoyable, social context where there is encouragement to use the French language. Our activities include short presentations, in French or English, followed by group discussions. Topics might include cookery, food and wine, art, music films or history. We also have oral games evenings, play petanque and organise the French National Day celebrations on July 14 th so no class on the 13 th July.
CHESS CLUB	Fortnightly 2.00-4.00pm	YERAMBA FARMSTAY 160 BLAMPIED KOOROCHEANG ROAD, BLAMPIED	Mary Pym 0417 331 292	Come along to learn the fine art of chess or improve your existing skills. Instruction will be provided. The sessions will be at the picturesque Yeramba Equestrian Farmstay Retreat. Both beginners and advanced players are warmly welcomed.
CAREFUL HANDWRITING	2.00-3.00pm July 20 August 3,17&31 September 14 October 12 &26 November 9	DAYLESFORD SENIOR CITIZENS' KITCHEN	Don Harvey 0438 279 681	Rediscover the art of handwriting with pen and ink. Enjoy the discipline of writing neatly and carefully. Don began teaching in the 1960's when there was an inkwell on each student's desk. Participants will need a fountain pen and a 9mm dotted thirds exercise book (Don will advise).

WEDNESDAY

Subject	Date/Time	Venue	Tutor/Contact	Description
MAH-JONG CLUB	Weekly 10.00am-1.00pm	MASONIC HALL	Marie-Louise Stafford 5348 3087	Learn this fascinating, sometimes addictive game. Now in its seventeenth year the Club usually has four or five tables playing both scoring and non-scoring games.
WRITING CIRCLE	Second and Fourth Wednesday 1.30-3.00pm	ST PETER'S PARISH ROOMS	Gordon Nightingale 0407 293 311	This is a relaxed creative writing group. Topics are set by the group for each meeting and participants are encouraged to share their offerings at the next session. Such an approach has proven to be very affirming and constructive for all.
U3A MEN'S KITCHEN	Monthly Second Wednesday 11 August, 8 September 13 October 10 November 8 December 10.00am-1.00pm	GLENLYON FIRE STATION	Alan Moor 5422 2351 0419 590 162	This course is in partnership with Kyneton U3A. Sessions will be held in Glenlyon at the CFA Fire Station and each session will feature a different cuisine. Chef Robert Wooller will guide members through all aspects of preparation and cooking. Members will then partake of a delicious lunch. The joining fee will be \$50.00 payable when you register, then a fee of \$10.00 per each session that you attend. Please advise Alan of any food allergies.
BEGINNERS ITALIAN	Weekly 9.30am-11.00am	7 BRIDPORT STREET	Annie Duncan 0408 629 930	Ciao belli. Come along and learn Italian. By the end of the term you should be able to greet and have a basic conversation. How do you stop an Italian from talking? Answer: tie their hands behind their back.
CONVERSAZIONE ITALIANA	Weekly 1.00pm – 2.30pm	1856 BALLAN- DAYLESFORD RD KORWEINGUBOORA	Teresa Pastore 0438 179 710 Luigi Soccio 0469 920 365	<i>Se capisci questo puoi venire alla nostra classe!</i> A conversation group for people who have studied Italian and know enough grammar and vocabulary to speak only in Italian about current affairs, food, history, culture etc.
CRYPTIC CROSSWORDS FOR BEGINNERS	Second and fourth Wednesday 12.30-1.30pm	CONTACT TUTOR	Jan Bragg 5348 3812	Cryptic crosswords for absolute beginners. A step-by-step guide in how to solve these apparently mysterious puzzles. Numbers will be limited so get in early. Cost: photocopying TBA.
TABLE TENNIS	Weekly 10.00am-12.00pm Also Friday & Sunday 10.00am-12.00pm	VICTORIA PARK	Peter Gartland 0427 482 093	Come long and enjoy light physical activity with a friendly group. Beginners welcome. Bats and balls provided. Wheelchair TT also. Cost: \$3.00 includes tea/coffee & biscuits

THURSDAY

Subject	Date/Time	Venue	Tutor/Contact	Description
<p style="text-align: center;">PAINTING AND DRAWING</p>	<p style="text-align: center;">Weekly 1.00-3.00pm</p>	<p style="text-align: center;">SENIOR CITIZENS' ROOMS</p>	<p style="text-align: center;">Liz Loder 0418 389 338</p>	<p>Come and explore your creative self in water colour, gouache, acrylic or drawing. We will meet on Thursdays, from 1-3pm in the Senior Citizens' kitchen, an inviting warm and light environment with plenty of space. Some materials will be provided for the first session. Participants will need to supply their own materials.</p>
<p style="text-align: center;">GERMAN CONVERSATION</p>	<p style="text-align: center;">Monthly Third Thursday 1.30-3.00pm</p>	<p style="text-align: center;">HARVEST CAFÉ</p>	<p style="text-align: center;">Gudrun Markowsky 0490 053 521</p>	<p>Come along and brush up on and improve your German. This group is for intermediate level speakers. Newcomers, please contact Gudrun prior to beginning.</p>
<p style="text-align: center;">GENTLE STRETCHING AND RELAXATION</p>	<p style="text-align: center;">Weekly 11.30am-12.30pm</p>	<p style="text-align: center;">PADDOCK ROOM DAYLESFORD NEIGHBOURHOOD CENTRE</p>	<p style="text-align: center;">Christina Cornioley 0439815775</p>	<p>In this class we will gently warm up the body, then focus on key areas of tension - necks, shoulders, lower back etc. We will include breath work to ease tension, lots of stretching both on the floor and standing, and finally a deep guided relaxation to allow the nervous system to recharge. The class will be based on yoga principles but be modified for those without any yoga background. It seems that letting the body and mind totally relax allows one to access inner reserves of resilience and peace which could be of use at this time. Christina has been teaching yoga and meditation for twenty-three years in Canberra and Sydney. BYO yoga mat, cushion, and rug Maximum numbers apply. Cost: gold coin donation towards room rental</p>

FRIDAY

Subject	Date/Time	Venue	Tutor/Contact	Description
<p style="text-align: center;">DAYLESFORD AND DISTRICT BUSH WALKING</p>	<p style="text-align: center;">Weekly 9.00am</p>	<p style="text-align: center;">ASSEMBLE IN THE LOST CHILDREN MEMORIAL PARK CENTRAL SPRINGS ROAD, DAYLESFORD, OPPOSITE THE MILL MARKET</p>	<p style="text-align: center;">Ian McKenzie 5348 4283</p>	<p>Two levels of walks are conducted each Friday by volunteer walk leaders. Long Walks take about 2½ to 3 hours and Short Walks, which are also less hilly and slower paced, about 1½ to 2 hours. Walks are conducted in a variety of locations, principally within Hepburn Shire. A reasonable level of physical fitness is essential for both walking programs.</p> <p>* This activity is subject to weather conditions and Covid-19 restrictions.</p>
<p style="text-align: center;">FRIDAY BOOK CLUB</p>	<p style="text-align: center;">Monthly Second Friday 10.30am-12.00pm</p>	<p style="text-align: center;">VARIOUS HOMES</p>	<p style="text-align: center;">Jenny Blood 0417 546 114</p>	<p>We are an enthusiastic group of readers who meet in the homes of various members. Discussion is usually lively and wide-ranging. Our book list for 2021 is available to all interested members.</p> <p>Maximum numbers apply</p>
<p style="text-align: center;">TABLE TENNIS</p>	<p style="text-align: center;">Weekly 10.00am-12.00pm Also Wednesday and Sunday 10.00am-12.00pm</p>	<p style="text-align: center;">VICTORIA PARK</p>	<p style="text-align: center;">Peter Gartland 0427 482 093</p>	<p>Come long and enjoy light physical activity with a friendly group. Beginners welcome. Bats and balls provided. Wheelchair TT also.</p> <p>Cost: \$3.00 includes tea/coffee & biscuits</p>

U3A Hepburn Shire
PO BOX 566
Daylesford
VIC 3460
www.u3ahepburnshire.com



CLASS ENROLMENT FORM Semester Two 2021

Name: _____ Phone: _____

Mobile: _____ Email: _____

*** please indicate with n/a if you don't have a mobile or email address ***

New class enrolments will be open on July 8th. No enrolments will be registered prior to this date. Members can enrol directly through the User Management Administration System (UMAS) or in person at the Class Enrolment session on Thursday July 8th.

When making your decision please bear in mind that some tutors have set maximum or minimum numbers. Waiting lists may apply or sessions may be cancelled.

If you are a current financial member you are entitled to attend as many courses or classes as you choose.

- Some classes will attract a small extra cost for materials or when we are contributing to venue hire.
- Unless notified otherwise, assume that you are enrolled in your classes and turn up on the commencement date.
- Please contact the tutor if you are unable to attend any class for which you are enrolled, or if you require further information.

List below all classes and activities that you wish to attend:

1.	6.
2.	7.
3.	8.
4.	9.
5.	10.

Signature: _____ Date: _____

Please keep a copy of your enrolment form and/or write your classes into your diary.

[] Tick this box if you DO NOT permit your photograph to appear in any U3A Hepburn Shire communications

Enrol at the **Semester Two Membership Renewal and Class Enrolment drop in session**, to be held on
Thursday July 8th 9.30am-12.30pm.

Daylesford Senior Citizens Rooms behind the Town Hall, Vincent St. Daylesford

Or Email to Luigi at: luigisoccio1201@gmail.com

Or by post: **Class Enrolment, U3A Hepburn Shire Inc, PO Box 566, Daylesford VIC 3460**