

Autumn Newsletter

April 2021



Hepburn Shire

Number 69

2020—the year that tested our resilience.

After the year that most of us want to forget U3A Hepburn Shire is back and thriving. As we publish this newsletter we stand at 280 members. Thanks for hanging in there. We welcome 40 new members this year— We hope you are enjoying the range of activities on offer.

Due to COVID ongoing we are still restricted by numbers allowed in venues and we appreciate your patience particularly as we manage waiting lists.

Important Term Two Diary Dates

Tuesday April 13th- Poetry Reading

Friday May 7th- Indigenous History in Central Victoria– session 3

Sunday June 6th - Zelman Symphony Concerts. This year we hope to bring the Zelman Symphony Orchestra back to Daylesford. The format will be different (COVID safe) with two shorter concerts.
SAVE THE DATE

From our President and leader of the Walking Group Ian McKenzie (we had to drag it out of him)

For some 28 years Josie and I lived in the Melbourne suburb of Heatherdale. This was where our two children grew up and I spent much of my leisure time on school and sporting club committees. In 1998 we moved to Werribee for a short while when my employer at the time relocated there.

My working life was primarily in human resource management. On leaving the army in 1968 (National Service) I worked in training and development roles in the Commonwealth Public Service. I later moved to the City of Nunawading where I was the Human Resources Manager. My final position was as Human Resources Manager at Food Science Australia, a Division of CSIRO.



Long walkers—Werribee Gorge
March 2021

Photo courtesy Giorgio Buscema.



We retired 18+ years ago to our property in Musk, “Frogend”, which we share with numerous kangaroos. We joined the local walking group soon after settling in and, despite some medical setbacks, are both still walking.

Last year in the middle of the Covid lock down we reached our 50th wedding anniversary.

Celebration via ZOOM was not quite what we had earlier planned.

From your U3A family Ian and Josie, a belated



THANKS TO OUR SUPPORTERS

Thanks to tutors who have sessions in their homes and to the following organisations who provide U3A with support including catering and accommodation for our courses either free of charge or at reduced rates.

Hepburn Shire Council (Senior Citizens' Rooms, the Town Hall and Victoria Park)

St Peter's Parish

Daylesford Neighbourhood Centre

The Masonic Lodge
Lavandula

The Coach House

Glenlyon CFA

Harvest Café

Muffins & More Café

Robert Wooller Catering

Springs Medical is compiling both a COVID19 Vaccination (Phase 1B patients) **AND** a Flu vaccine Wait List.

You can check your eligibility and book yourself onto the Wait List through this site

<https://springsmedical.com.au/>

or simply by phoning them on
Daylesford - 5348 2227
Trentham - 5424 1602
Kyneton - 5422 1298

NEW COMMITTEE MEMBER PROFILE

Hi I'm Sue.

I've just recently joined the U3A committee. I've lived and worked in this shire for 32 years, and joined U3A on retiring a couple of years ago. My background is in psychology and HR.

I live on acres just outside of town, and that, together with a garden keep my partner and I busy. In addition to gardening, I'm interested in history, period costume and dancing, and classical music. I am a member of the Daylesford Community Brass Band, and love the privilege of playing music with some very talented musicians.

I also love being part of this community.



I've taken on the role of **CARE TEAM LEADER** on the U3A committee. The function of this team is to provide support to members in times of need. Generally, support that cannot so easily be provided by other services. It can range from just making contact to check that the person is OK, through to driving them to an appointment, or providing a meal, for example. Often family would provide these things, but not all members have family living close in our community.

If you feel that you would like to contribute to this team, to be called upon if necessary, then please contact me so that I can put you on a list of helpers.

My contact is : 0428 366 189



POETRY READINGS

Ross Gillett and Richard Perry treated us to a delightful hour of poetry readings on March 16th. Their passion and knowledge was evident as they shared the work of poets, both classic and contemporary on the theme TIME. There is another session coming up, we will advise of vacancies

This one is a snippet from Ross.

*With time frayed opposites are joined,
ancestors and pioneers, under common ground,
the sky, fruits and bark, dried leaves,
obstinately insist on being one.*

from "The Past Walks Noiselessly"

Joyce Lee (Australian, 1913-2007)



Ballarat Observatory & Museum Tour

The U3A Hepburn Shire motto is “Learning Together for Pleasure” and a large group of members certainly demonstrated how it’s done at the Ballarat Observatory and Museum. From sharing a meal to star gazing it was an enlightening (excuse the pun) evening.



A reflection from Kerry Willis U3A at the Ballarat Observatory

“We watched on screen; the night sky, clouded, did not allow us access to the heavens.

However the wonder of our universe was not diminished (in spite of Elon Musk’s best efforts), as Judith shepherded us through space, its grandeur and its mystery.

From the Dark Emu, through the swarm of glittering stars that is the Large Magellanic Cloud; to musings hypothetical on alien life and consciousness; and poor dwarfed Pluto deprived of Planet status, although the jury is still out.

A true adventure into the unknown.

Our thanks to Carolyn, Youvanka, Kirralee and Judith who kindly nourished, guided and enlightened us.”



The **PAINTING & DRAWING** group has had a couple of false starts but are not daunted.

The concentration was intense when we dropped by.

Maybe we can convince them to have an exhibition later in the year.



LET'S WEAR OUR NAME-TAGS

Most of us are not great at remembering to wear, or even carry, our name-tags.

However, we at U3A would like to encourage you to do so.

It's a big help to tutors, and with our sometimes unreliable memories, useful for others as well.

Make sure you have filled in the reverse side of the tag: it contains contact details in case of an emergency.

Who to contact in an emergency will save your class mates time and stress.

So how about it? If you haven't received a new one for this year please contact us .



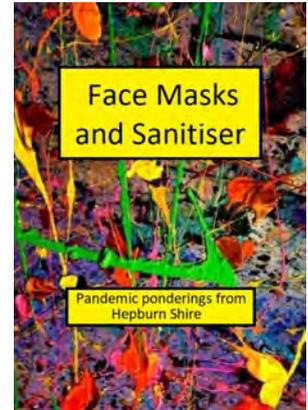
In 2020 just a few of our regular activities continued using ZOOM. One such group was the **U3A Writers' Group**. Under a change of guard (exit left Millie and Jude—thanks for all your work- and enter right Gordon Nightingale) they continued to meet and write and although not all their musing focussed on how we managed our changed circumstances some did and as a result **Face Masks and Sanitisers** has been published.

It was officially launched at the term one **U3A MORNING TEA** which was a great success, attended by a large group who came to both socialise with others and to hear some readings by contributors to the book.

With a stunning cover of **artwork by Millie Gouldthorpe** the contributions range from poetry to prose, serious and humorous.

There are some copies still available at just \$10.

Contact Gordon on **0407 293 311**



PETANQUE AT LAVANDULA

Thanks to the bright idea of Jennie and Paul and the generosity of Carol at Lavandula, we now offer Petanque as another physical U3A activity. Rumour has it that learning a new skill can increase your cognitive function as you age. Even if this is a furphy Petanque is lots of fun and the view and the morning tea to follow is spectacular.



Thank you to the members who have contributed to this newsletter through taking photos and contributing text. Without your contributions we would have blank pages so keep them coming

Your U3A 2020/2021 Committee

President:	Ian McKenzie
Vice President:	Robyn Lawrence
Secretary:	Gillian Freimanis
Treasurer:	Lauren Eagle
Membership:	Lal Von Steensen
Webmaster:	Lal Von Steensen
Equipment:	John Salter
Class Coordinator:	Luigi Soccio
Communication:	Robyn Lawrence
Events:	Vacant
Care Team:	Sue Millar
Committee member :	Pat Harrison
Committee member :	Richard Gray
Committee member :	Phil Lavelle

Do you have an e-Mate? An e-Mate is someone who has access to email and is happy to keep you informed about what is happening. If not, let one of the Committee know and we will match you up with a member who can help you.



New classes were introduced this year and the uptake for most classes has demonstrated that we are on the right track.

If you have an idea for a course or class please let us know.



info@u3ahepburnshire.com

Have something to offer but don't want to join a committee?

We are looking for members to add to volunteer lists for a range of functions including assistance with projects and at events.

Add your name to the list by emailing info@u3ahepburnshire.com

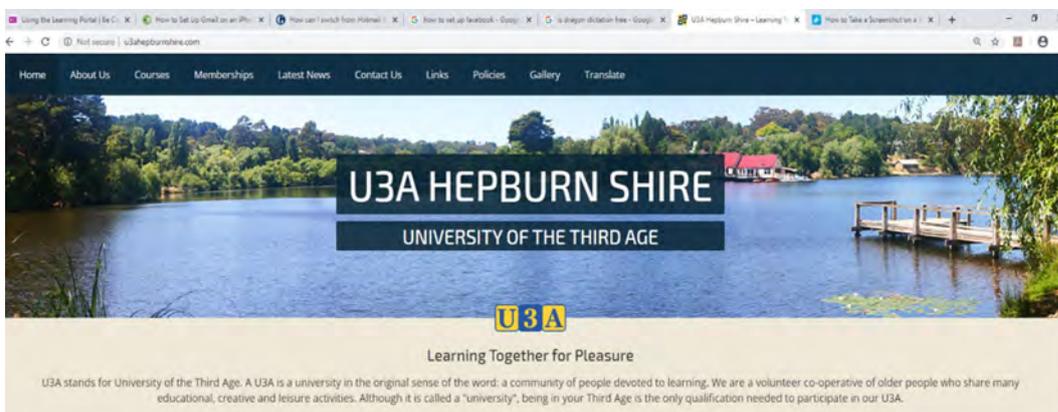
WHERE CAN YOU FIND OUT MORE ABOUT U3A?

Our Website

www.U3Ahepburnshire.com

email: info@U3Ahepburnshire.com

Facebook: facebook.com/U3AHepburnShire



If undeliverable, return to :

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