U3A Hepburn Shire 2018 Timetable Semester Two

Term 3 Monday July 16th to Friday September 21st

Term 4 Monday October 2nd to Friday December 14th

Semester Two Class Enrolment morning is on Tuesday July 10th
Senior Citizens' Rooms at the rear of the Daylesford Town Hall 10.00am for a 10.30am start
* Please submit your Class Enrolment Form on or before Friday July 13th.

You only need to ENROL ONCE for the yearly classes

NO CLASSES on PUBLIC holidays unless the class makes other arrangements

If you plan to be AWAY FOR A TERM, please let the tutor know so another member can take advantage of your absence.

Please INFORM YOUR TUTOR if you will be ABSENT FROM ANY CLASS.

U3A Hepburn website: www.u3ahepburnshire.com

Tuesday July 10 th	10am for 10.30am	Semester 2 Class Enrolment morning	Senior Citizens' Room
Saturday July 14 th	7.15-10pm	French National Day Celebration	Daylesford Town Hall
Friday August 17 th	10-11am	Term 3 Members' Morning Tea	Venue to be advised
Sunday September 30 th	4- 8.30pm	Spring Dance	Daylesford Town Hall
Tuesday October 2 nd	10am for 10.30am	Annual General Meeting with guest speaker	Senior Citizens' Room
Tuesday December 4 th	3-4.30pm	Tutors Afternoon tea	The Food Gallery
Tuesday December 11 th	12pm for 12.30pm	Christmas Lunch	Hepburn Springs Golf Club

SPECIAL EVENTS AND EXCURSIONS

*These events may incur a charge (paid in advance) to cover costs such as venue hire, transport, and accommodation for visiting presenters.

Subject	Date/Time	Venue	Tutor/Contact	Description
MUSEUM TOURS THE JEWISH MUSEUM	Thursday August 30 th All Day	THE JEWISH MUSEUM MELBOURNE	Anne Tamblyn 0411 866 643	This is a chance to visit the St Kilda Synagogue and Museum which is one of the oldest and grandest synagogues in Melbourne. During the 40-minute tour we will learn more about Jewish traditions from volunteer guides. The cost is \$12 for adults and \$6 Concession. A tour of the Synagogue is included in the Museum charge. Car pool to Ballan and train to Melbourne. Cost: Museum Entry, transport and lunch.
LAW REFORM SESSION- MEDICINAL CANNABIS, FUNERAL AND BURIAL RIGHTS.	Thursday September 13 th 10.30am- 12 noon	SENIOR CITIZENS' ROOMS	Pat Harrison 0458 630 533	The Victorian Law Reform Commission is an independent, government-funded organisation that develops, reviews and recommends reform of Victoria's state laws. Nick Gadd from the Commission will talk about their work using case studies from their reports on the medical use of marijuana and funeral and burial instructions. There will be an opportunity to ask questions too.
MYSTERY WINERY TOUR	Wednesday October 31 st All day	LOCAL WINERIES	Robyn Lawrence 0414 500 174	A mystery wine tour of the local region culminating with lunch at a local winery. The program and cost for the day will be communicated to those who register for the tour closer to the date. Cost: to be advised - will include transport, any additional winery tasting charges and lunch.
A WALK BACK IN TIME	Wednesday November 7 th 10.15-11.30am	ASSEMBLE AT THE SAVOIA HOTEL HEPBURN SPRINGS	Robyn Lawrence 0414 500 174	Discover some of the history of Hepburn Springs with this walk guided by local historian Gary Lawrence. Participants will need to walk from the Savoia Hotel in Hepburn Springs to the Mineral Springs Reserve via the road.

	SINGLE SESSIONS				
Subject	Date/Time	Venue	Tutor/Contact	Description	
THE HISTORY OF PIANO PLAYING	Thursday July 26 th 3.00-4.30pm	SENIOR CITIZENS' ROOMS	Graeme Boscoe 5476 4222	A recital of performances in modern sound, recorded more than 100 years ago by composers/ pianists and great virtuosos. Artists include Grieg, Debussy, Granados, Rachmaninov and students of Liszt.	
GETTING THE MOST FROM YOUR LIBRARY	Tuesday August 7 th 2.00-3.30pm	DAYLESFORD NEIGHBOURHOOD CENTRE COMPUTER LAB.	Pat Harrison 0458 630 533	You don't have to go to a Hepburn Library to read magazines and newspapers. Or to access encyclopaedias, academic journals or family history resources. Alison Hadfield from the library will show you how to use the enormous range of online resources available to library members. You will be very surprised at how much material you can freely read, listen to or view without leaving home. Cost: \$2.00 per session for venue hire	
SOUR DOUGH BREAD MAKING	Wednesday October 17 th 10am-1pm	574 PORCUPINE RIDGE ROAD	Oja Prelovsek 0405 083 070	Learn how to make the perfect loaf of sour dough bread. The process will be demonstrated, and you can sample the results. Bring a container to take home 25-50g of sour dough ferment and a small loaf to bake the next morning. The purpose of the workshop is to see how a home set-up works for everyone. Maximum of 10 participants. Cost: \$5.00 for ingredients	

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Subject	Date/Time	Venue	Tutor/Contact	Description
SHARING STORIES AT STONE AND STRAW	Fourth Thursday of the month Beginning July 26th 2-3.30pm	STONE AND STRAW RETREAT 5401 MIDLAND HIGHWAY MT FRANKLIN	Anne Milton 0408 038 717	This is a session for anyone to volunteer to talk in a group setting - there is a projector that can be used - about any topic including life experiences. Information regarding the first speaker will be forwarded to all members. Cost: Coffee and cake/light snacks available for purchase.
EASTERN MEDITERRANEAN TRADITIONAL DANCING	Thursdays August 2 nd and 9 th 2.00-3.30pm	DAYLESFORD TOWN HALL	Pat Harrison 0458 630 533	If you are someone who would like to dance if the dances aren't too strenuous or complicated here are a couple of sessions of gentle, easy-to-learn dances from Romania, Turkey, Macedonia and Israel. Interesting rhythms to explore in lines and circles – no partners needed. If people enjoy them, we can consider continuing the sessions.
BASIC CARPENTRY	Beginning Tuesday August 21 st 1-3pm Five sessions	DAYLESFORD MEN'S SHED VICTORIA PARK.	Richard Bevan 5348 4317	Here is an opportunity to try your hand at Carpentry. It should be stressed that this is a beginner's course. If you use tools regularly, this is not for you. The Gentlemen at the Daylesford Men's shed are keen to take you through the techniques of using hand tools, such as saws, chisels, drills, sanders and the like in a safe manner. It is anticipated that some simple project may be attempted to give a focus to the tools used. The course will run for five 2-hour sessions. Numbers will be limited. Cost: \$5 per lesson will cover materials.

SHORT COURSES (cont)

Subject	Date/Time	Venue	Tutor/Contact	Description
PHILOSOPHY	Thursdays October 11 th - November 29 th Eight sessions 10.30am- 12.30pm	HOTEL FRANGOS VINCENT ST DAYLESFORD	Peter Duncan 0417 576 393	An eight-week course in Philosophy led by Dr Felicity Joseph of the University of New England (UNE), NSW and using the Moodle Distance Learning System. The course this year will consider Ethical and Political theory of the nineteenth Century onwards drawing on such philosophers as Jeremy Bentham, John Stuart Mill and Peter Singer on such subjects as freedom, animal and human rights, world poverty and ethical obligations. The course will include: Readings, podcasts, online discussion forum Weekly meeting of participants to discuss the subject of the week Cost: \$5 per class to cover UNE costs. Requirement: Computer/laptop/tablet and home internet connection. Participants are expected to buy a drink/snack from the cafe or donate \$2 for venue hire.

MONDAY

Subject	Date/Time	Venue	Tutor/Contact	Description
CURRENT AFFAIRS	July 16 th August 20th September17th 10.30am – 12 noon	DAYLESFORD MUSEUM	Frank Page 0417 010 817 frank@pagebell.com	A 90 minute informal & interactive session examining diverse subjects and material from national, state, local & international news, celebrity, social justice & contemporary issues, mainstream media, social & digital media & technology, society, culture & lifestyle including specific issues raised by members. Cost: \$2.00 per session for venue hire
BRIDGE and other CARD or BOARD GAMES.	1.00-4.00pm All year	SENIOR CITIZENS' ROOMS	Jan Pengilley 5348 2000	If you would like to play a card or board game such as Solo, Five Hundred, Backgammon, Chess or perhaps even Snakes and Ladders you are welcome to join the Bridge players on a Monday afternoon. Bring a partner, a three or a four. There are tables aplenty. We do have some games and extra of packs of cards but you can also bring your own game and enjoy the friendship. The only proviso is that games be relatively quiet. Bridge is a sedate game (or at least is supposed to be), although passions do sometimes run high!
SCRABBLE	1.00–4.00pm All year	47 FRAZER ST DAYLESFORD	Marie-Louise Stafford 5348 3087	If you enjoy Scrabble come along and join us. We are a group of players who enjoy the challenge of finding new words.
LE CONSERVATOIRE	4.30-6.30pm All year	SENIOR CITIZENS' ROOMS	Danielle Lacroix 0451 476 007	Come and enjoy discovering your voice, using a technique which will enhance both your range and colour. Anyone can sing! It will be exciting to hear yours and others voices develop. This is not a choir; the sessions may be from individual to a small group. The format of the class will develop from discussion at the first session.

	MONDAY (cont)				
MUSICALS DVD SCREENING	Second Monday 1.30 for 2.00pm	THE GRANDE HOTEL HEPBURN SPRINGS	David Hall 5348 2872	Come along to U3A's new screening series of opera, ballet, and the best of Broadway musicals. Please email David Hall if you will attend a week before each session. Cost: \$15 includes a sumptuous afternoon tea	
FLICKS AT THE GRANDE	Last Monday 1.30pm for 2.00pm	THE GRANDE HOTEL HEPBURN SPRINGS	Christine Borgeest 5348 7698	Come along and share an interesting/funny/provocative film – good films and good company. Cost: \$15 includes a sumptuous afternoon tea	
MONDAY BOOK CLUB	Third Monday 7.30pm All year	VARIOUS HOMES	Anne Tamblyn 0411 866 643	We are an enthusiastic group of readers who meet in the homes of various members. Discussion is usually lively and wide-ranging. Our book list for 2018 is available to all interested members. New members are welcome.	

TUESDAY

Subject	Date/Time	Venue	Tutor/Contact	Description
CLOGGING	9.30-11.30am All year	SENIOR CITIZENS' ROOMS	Lorene Gottschalk 0427 051 361	Clogging is a dance based on, but different from, Irish Tap Dancing. It is suitable for and caters to all levels of fitness and ages. Please wear flat shoes or runners. Beginners welcome.
CRAFT GROUP	Second Tuesday 10.00am-12 noon All year	WINTER ROSE COTTAGE 2 LAKE RD DAYLESFORD	Barbara Simpson 0402 865 528	This is a craft group for anyone who would like to chatter with friends as they work on their particular project. It is also an opportunity to share ideas and learn new craft skills from others in the group. The craft group also invites guest speakers and organises excursions. All U3A members are invited to attend these and will be notified when they occur.
TUESDAY BOOK CLUB	Fourth Tuesday 10.30am - 12 noon All year	VARIOUS HOMES	Jan Bragg 5348 3812	We are an enthusiastic group of readers who meet in the homes of various members. Discussion is usually lively and wide-ranging. Our book list for 2018 is available to all interested members.
U3A LUNCHES	Second Tuesday 12.00 for12.30pm All year	VARIOUS LOCAL VENUES	John Bohn 5348 1214	Everyone welcome. Put your name down and John will be touch with venue details. Cost: \$20 (approx)
CAFÉ ITALIANO CONVERSATION	Weekly 11.00am-12 noon	CONTACT TUTOR	Magaera 0458 243 608	An informal, self-directed conversation group for people who have studied Italian for many years and who know enough grammar and vocabulary to speak only in Italian about current affairs, Italian culture etc.
CAFÉ ITALIANO INTERMEDIATE	Weekly 12.30-2.00pm	HOTEL FRANGOS VINCENT ST DAYLESFORD	Annie Duncan 0408 629 930 Giorgio Buscema 0417 496 996	Italian classes for people who have studied Italian for at least a year and who already have a good grasp of greetings, family, foods, all verb types, adjective and noun forms etc. Participants are expected to buy a drink from the cafe or donate \$2 for venue hire.

TUESDAY (cont)

Subject	Date/Time	Venue	Tutor/Contact	Description
HERBS AND VEGIES, FRUITS AND FLOWERS	Term 4 only Weekly 2.00-3.30pm	SENIOR CITIZENS' ROOMS	Virginia Langsford 5348 3582	This weekly workshop investigates plant uses far beyond common knowledge. We discuss health & beauty, benefits for humans, animals and other plants and household tips. Ancient secrets, rumours, chants and tales, folk wisdom and superstition. Brews and potions, remedies, concoctions, old spells and myths All tongue in cheek, or perhaps not?
WARBLING WOMBATS	Second Tuesday Fourth Tuesdays (social singers) 4.00-6.00pm	CONVENT GALLERY THE COACH HOUSE	Millie Gouldthorpe 0433 552 019	If you enjoy singing with a group of like-minded men and women then please feel free to join the Warbling Wombats with Julian Cairns and Millie Gouldthorpe at the helm. We are fortunate to have Julian join our group with his extensive experience as the head of middle school music at Melbourne Grammar spanning 25 years. Cost: \$2.00 per session for venue hire
FRENCH CIRCLE	Second Tuesday 7.30pm All year	SENIOR CITIZENS' ROOMS	Monica Cole 5476 4257 0425 851 679	The evening program will provide fluent speakers of French time to chat on a theme or subject while beginners and intermediate French speakers will have a separate conversation with the participation and encouragement of fluent speakers. The evening will conclude with an optional presentation and discussion in English on an aspect of French life, history, culture or personal French experiences. Cost: \$2.00 for tea or coffee

WEDN	ESDAY
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	WEDITESDA				
Subject	Date/Time	Venue	Tutor/Contact	Description	
MAH-JONG CLUB	10.00am–1.00pm All year	MASONIC HALL	Denise Anderson 5348 4951 Marie-Louise Stafford 5348 3087	Learn this fascinating, sometimes addictive game. Now in its sixteenth year the Club usually has four or five tables playing both scoring and non-scoring games. Cost: \$3.00 per session for venue hire	
MINDFULNESS MEDITATION	10.30 – 11.30am All year	CONTACT TUTOR	Shamana Kivinen 0418 512 393	Being mindful helps you to be present in this moment allowing you to have a sense of clarity and peace, leaving you feeling relaxed and centred. When we meditate in a group it can be very supportive. The practice will focus on the breath with an awareness of our inner self. Everyone can meditate, we just need to give ourselves permission to stop everything else and just BE.	
WRITING CIRCLE	First and third Wednesday 1.30-3.00pm All year	THE COACH HOUSE LEGGATT ST DAYLESFORD	Millie Gouldthorpe 5348 3252 Jude Brown 0425 700 328	This is a relaxed creative writing group. Topics are set by the group for each meeting and participants are encouraged to share their offerings at the next session. Such an approach has proven to be very affirming and constructive for all. Cost: gold coin donation	
U3A MEN'S KITCHEN	Second Wednesday 10.00am–2.00pm	GLENLYON FIRE STATION	Alan Moor 5422 2351 0459 590 162 Robert Wooller <u>robert.jackie@</u> <u>bigpond.com</u>	This is a joint activity between Kyneton and Hepburn U3A. The group will meet at Glenlyon Fire Station, where Chef Robert Wooller will guide the group on the finer points of food preparation. The produce will be sourced locally where possible. There will be a maximum of 12 participants. Cost: contribution to ingredients and hall hire-\$25pp (approx)	
GERMAN CONVERSATION	Third Wednesday 7.00 – 8.30pm All year	DAYLESFORD NEIGHBOURHOOD CENTRE COURT ROOM	Gudrun Markowsky 5348 1547	Come along and brush up and improve your German. This group is for intermediate level speakers. Cost: \$2.00 per session for venue hire	

THURSDAY						
Subject	Date/Time	Venue	Tutor/Contact	Description		
CAFÉ ITALIANO CONTINUING BEGINNERS	Weekly 9.30-11.00am	HOTEL FRANGOS VINCENT ST DAYLESFORD	Annie Duncan 0408 629 930	This Italian class is suitable for people who have studied some Italian and who are familiar with greetings, colours, family and some useful verbs. Participants are expected to buy a drink from the cafe or donate \$2 for venue hire.		
HEALTH & WELLBEING	July 19 th (CLOSED SESSION) August 16 th September 20 th October 18 th November 15 th	SENIOR CITIZENS' ROOMS	Kay Murphy 0488 130 004 Julie Karas 0433 663 538	This is a lovely social group for anyone interested in exploring ways to optimize good mental and physical health. We have a diverse range of speakers with wide ranging professional backgrounds who both inform and delight us.		
YOGA	October 11 th For 10 weeks 9.30-10.30am	SENIOR CITIZENS' ROOMS	Maree Hempel 0438 526 325	Gentle Yoga classes offering nurturing, kindness and compassion for the mind & body. Gentle stretching for vitality and mindfulness. Bring something to sit/lie on and a warm covering for relaxation practices. Cost: \$2.00 per session for venue hire		
PAINTING AND DRAWING	Thursdays beginning July 19 th 1.00-3.00pm	SENIOR CITIZENS' ROOMS	Liz Loder 0418 389 338	Come and explore your creative self in water colour, gouache, acrylic or drawing. We will meet on Thursdays, from 1-3pm in the Senior Citizens' kitchen, an inviting warm and light environment with plenty of space. Some materials will be provided for the first session. Cost: Participants will need to supply their own materials after the initial session.		

	FRIDAY							
Subject	Date/Time	Venue	Tutor/Contact	Description				
DAYLESFORD AND DISTRICT BUSH WALKING	Weekly 9.00am	WALKS ASSEMBLE OUTSIDE THE BOWLING CLUB CAMP STREET, DAYLESFORD	Ian McKenzie 5348 4283	Two levels of walks are conducted each Friday by volunteer walk leaders. Long walks take about 2½ to 3 hours and Short Walks, which are also less hilly and slower paced, about 1½ to 2 hours. A reasonable level of physical fitness is essential for both walk programs. Suitable clothing and sturdy footwear are required and always carry water and a snack for morning tea. Our listed walks may be occasionally changed due to unforeseen circumstances and walks will be cancelled on days of extreme weather. Whilst all precautions will be taken, bushwalking does have some potential dangers and walkers are required to acknowledge those risks and agree to take personal responsibility for their own safety.				
FRIDAY BOOK CLUB	Second Friday 10am-11.30am All year	VARIOUS HOMES	Jenny Blood 0417 546 114	We are an enthusiastic group of readers who meet in the homes of various members. Discussion is usually lively and wideranging. Our book list for 2018 is available to all interested members.				
TABLE TENNIS	Weekly 1.00pm-3.00pm (10.00am summer start	VICTORIA PARK	Peter Gartland 0427 482 093	Come long and enjoy light physical activity with a friendly group. Beginners welcome. Bats and balls provided. Wheelchair TT also. Cost: \$3.00 includes tea/coffee & biscuits				

U3A Hepburn Shire
PO BOX 566
Daylesford
VIC 3460
www.u3ahepburnshire.com



CLASS ENROLMENT FORM Semester Two 2018

Name: ______ Phone: _____

Mobile:	Email:
 When making your decision Waiting lists may apply or If you are a current finance Some classes will attrest Unless notified others commencement date Please contact the turn further information. 	se indicate with n/a if you don't have a mobile or email address *** on please bear in mind that some tutors have set maximum or minimum numbers. sessions may be cancelled. cial member you are entitled to attend as many courses or classes as you choose. act a small extra cost for materials or when we are contributing to venue hire. wise, assume that you are enrolled in your classes and turn up on the cor if you are unable to attend any class for which you are enrolled, or if you require activities that you wish to attend:
1.	6.
2.	7.
3.	8.
4.	9.
5.	10.
Signature:	Date:
·	opy of your enrolment form and/or write your classes into your diary. O NOT permit your photograph to appear in any U3A Hepburn Shire communicatio

Enrol at the **Semester Two Class Enrolment Morning,** to be held on **Tuesday July 10th 10.00am for 10.30am** start.

Senior Citizens Rooms behind the Town Hall, Vincent St. Daylesford

Or Email to: rljl1949@gmail.com

Or by post: Class Enrolment, U3A Hepburn Shire Inc, PO Box 566, Daylesford VIC 3460